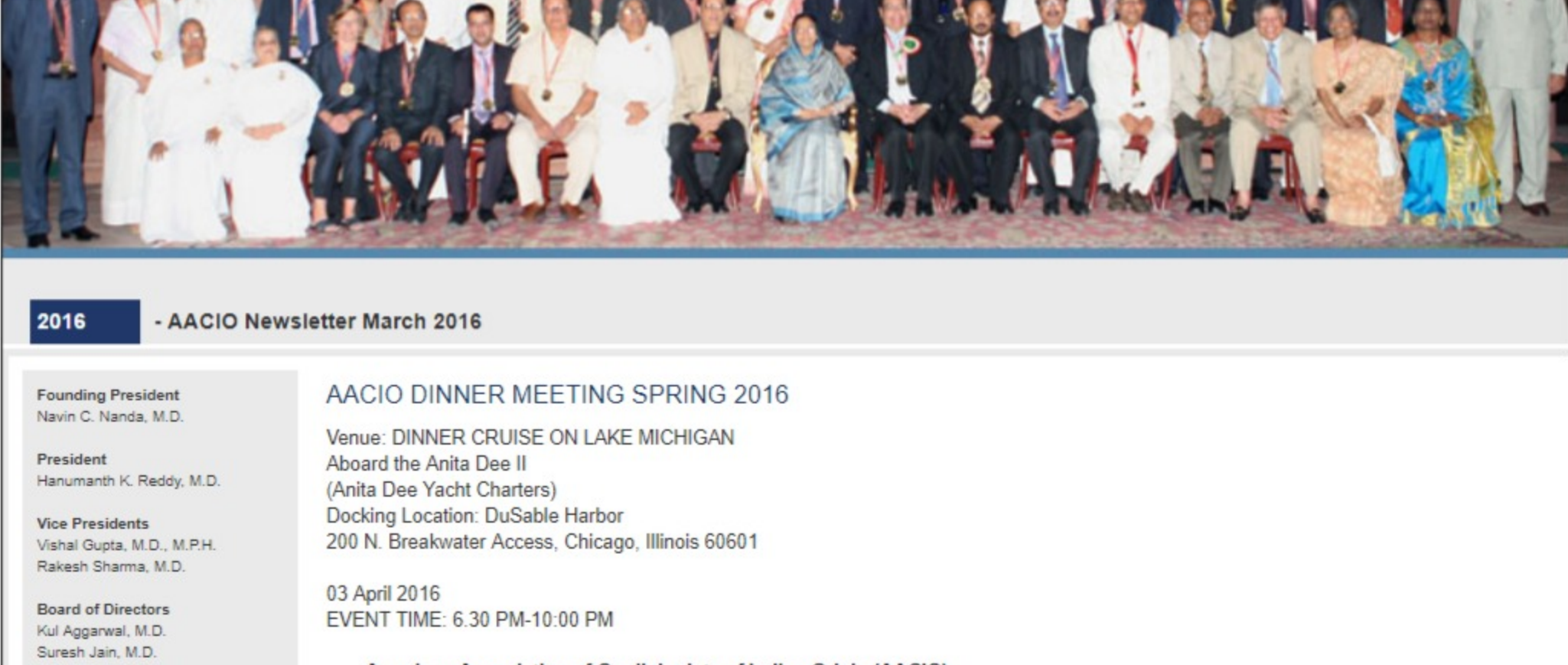




American Association of Cardiologists of Indian Origin



2016 - AACIO Newsletter March 2016

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Contact Information
H.K. Reddy, M.D., President
5 Breezy Hill Road
Poplar Bluff, MO 63001
Phone: (870) 814-4555
E-mail: hk.hanumanth@gmail.com

AACIO DINNER MEETING SPRING 2016

Venue: DINNER CRUISE ON LAKE MICHIGAN
Aboard the Anita Dee II
(Anita Dee Yacht Charters)
Docking Location: DuSable Harbor
200 N. Breakwater Access, Chicago, Illinois 60601

03 April 2016
EVENT TIME: 6:30 PM-10:00 PM

American Association of Cardiologists of Indian Origin (AACIO)
Indian American Medical Association of Illinois (IAMA-IL)
International Society of Cardiovascular Ultrasound (ISCU)
PRESENT

SCIENTIFIC PROGRAM AND DINNER
Indian Cuisine Dinner, entertainment, socializing and networking
NO FEE FOR PARTICIPANTS, SPOUSES AND GUESTS

Parking in the DuSable Harbor Lot (walking distance to the yacht) - \$6.00
Directions: <http://bit.ly/1tadexa> or http://Anita_De_Dee_Directions.pdf
For any questions contact Monika Kapoor (iscuorg@yahoo.com) or Dr. Hanumanth Reddy (hk.hanumanth@gmail.com) or phone: (870) 814-4555

After turning into the entrance of DuSable Harbor parking lot, drive straight ahead and take a ticket and drive through the gate to the end of the lot. Once parked, exit parking lot to lakefront. Anita Dee II yacht is docked on the Chicago River straight ahead and to your left.

SCHEDULE

6:30 PM - Boarding begins
7:15 PM promptly - Departure of the Anita Dee II from the dock
7:15-7:45 PM Chairmen: Drs. Hanumanth Reddy, Samir Shah and Navin Nanda
Lectures on general topics

7:45-8:00 PM Young Investigator Awards and AACIO Honorees

Dr. Krishna Ramaswamy Award, Dr. Mehta Prasad, Mayo Clinic, Rochester, MN.
"Utility of Zwielle Risk Score in identifying patients at risk for 30-day rehospitalization/mortality"

Dr. Madhukar Deshmukh Award, Dr. Deepakrai Gaijanana, Albert Einstein Medical Center, Philadelphia, PA.
"Does Diastolic Wall Strain Predict Mortality in Severe Aortic Stenosis?"

8:00-10:00 PM Indian Dinner and Entertainment will be performed by Geetanjali Music group led by Dr. Amit Chakrabarty (www.geetanjalimusic.com) and sponsored by Mr. Malik Karim, Interlab, St. Louis.

10:00 PM - Anita Dee II returns to dock

Reservations: E-mail: aacio123@gmail.com Phone: Dr. Hanumanth Reddy (870) 814-4555.

FACULTY

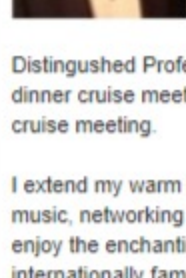
Navin C. Nanda, MD, Distinguished Professor of Medicine and Cardiovascular Disease, Senior Scientist, Minority Health and Research Center and UAB Center for Aging, and UAB Comprehensive Cardiovascular Center, University of Alabama at Birmingham, Birmingham, Alabama.

Hanumanth K. Reddy, MD, Clinical Professor of Medicine, St. Louis University Medical School, St. Louis, Missouri, and Medical Director, Poplar Bluff Regional Hospital, Poplar Bluff, Missouri

Samir Shah, MD, President, Indian American Medical Association of Illinois and Invasive Cardiologist affiliated with Advocate Christ Hospital in Oaklawn and Little Company of Mary Hospital in Evergreen Park.

President's Column

Dear Friends and Colleagues:



Before I embark on this brief President's column, I want to thank Dr. Debashish Roychowdhury for his invaluable time and efforts in maintaining high standards of this newsletter. It was only 3 months ago that we had a very nice educational and an enjoyable semiannual AACIO dinner meeting in Orlando, Florida. I offer my sincere thanks to Drs. Navin Nanda, Rakesh Sharma, Vibuth Singh, Narinder Bhatta and Sudhir Kumar Bhaskar for making this meeting successful. My special thanks to Mrs. Sajani Barot for playing a pivotal role in this endeavor. As this delightful meeting fades into shadows of our memory, the forthcoming April 3rd AACIO semiannual dinner cruise meeting shines bright in the horizon.

Distinguished Professor Navin Nanda, my long term friends Drs. Sameer Shah, Gopal Lalmani and Mrs. Lindy Chapman have used a lot of their precious time and energy towards organizing the forthcoming dinner cruise meeting on April 3rd of 2016 in Chicago. I greatly admire the perseverance and diligence of IMA president Dr. Sameer Shah in landing the contract with Anita Dee yacht charters for this dinner cruise meeting.

I extend my warm invitation to each and everyone of you to join us aboard the Anita Dee II yacht to enjoy an exciting dinner cruise meeting filled with education, delicious dinner with drinks and a medley of music, networking and visiting with family and friends. While you may have several other meetings to attend, this is a unique gathering where there is something for everybody and much more. You will not only enjoy the enchanting Chicago skyline, you will also come across many interesting persons including some of your long lost friends you may never see again. Furthermore, I am greatly excited that the internationally famous urologist and a Bollywood style entertainer Dr. Amit Chakrabarty has kindly agreed to spend his precious time to entertain us during the dinner cruise meeting.

Please don't forget to become members of AACIO in order to empower this powerful entity to make a difference in the lives and careers of cardiologists of Indian origin and/or ancestry.

Hanumanth K. Reddy, M.D.
President



NOTE FROM EDITOR, AACIO NEWSLETTER.
AACIO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter. Please send your items for consideration to Dr. Debashish Roychowdhury, Editor, Email: roychowdhur03@gmail.com

AACIO Young Investigator Awards



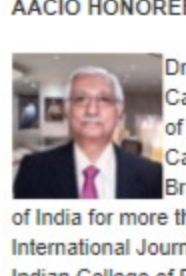
AACIO Young Investigator Awards - April 2016

Dr. Krishna Ramaswamy Award
Interventional/EP



Utility of Zwielle Risk Score in identifying patients at risk for 30-day rehospitalization/mortality
Mehta Prasad MD, Jaskamal Sara MBBS, Ryan Lennon MS, Rachel Le MD, Malcolm Bell MD, and Gregory Barsness MD, Mayo Clinic, Division of Cardiology, Rochester MN

Dr. Madhukar Deshmukh Award
Preventive/Imaging



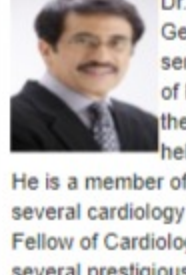
Does Diastolic Wall Strain Predict Mortality in Severe Aortic Stenosis?
Deepakrai Gaijanana MD, Edinin Obasare MD, Vikas Bhalia MD, Mary Rodriguez Ziccardi MD, Vincent Figueredo MD, D. Lynn Morris MD, Gregg Pressman MD, Albert Einstein Medical Center, Philadelphia, PA

AACIO Honorees

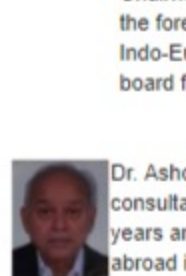
AACIO HONOREES



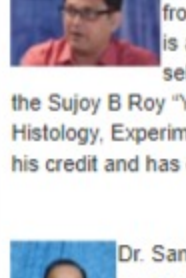
Dr. Amal Kumar Banerjee graduated from University of Calcutta and did his MD (General Medicine) and DM (Cardiology) from the same University. He is Fellow of American College of Cardiology, European Society of Cardiology, American College of Physicians, Asian Pacific Society of Cardiology, Indian College of Cardiology, Cardiological Society of India and Indian College of Physicians. Formerly, he was in Cardiology Division, Institute of Cardiovascular Sciences, IPGME&R and SSKM Hospital, Kolkata. Presently, he is Chairman of International Affairs Committee, Cardiological Society of India. He is Past President of Cardiological Society of India, Association of Physicians of India and SAARC Cardiac Society. He was President of API, West Bengal Branch and CSI, West Bengal Branch. He has been actively involved in different academic, scientific and organizational activities of Cardiological Society of India and Association of Physicians of India for more than 25 years. He has published more than 100 original papers, editorials and review articles in different National & International Journals. He is Advisor and Reviewer of different National and International Journals. He also contributed to different Text Books & Monographs on Cardiology and Internal Medicine. He has published one "Monograph on Heart Failure" of international repute on behalf of Indian College of Physicians. He attended many National and International Conferences as Faculty.



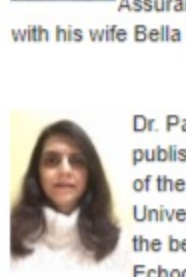
Dr. Sumita Chowdhury is a cardiologist trained at the prestigious Massachusetts General Hospital, Harvard Medical School, at Boston. She is an acknowledged leader in the fields of cardiovascular thrombosis, atherosclerotic heart disease, preventive medicine, and women's health. Her passion for epidemiology and disease prevention motivated her to obtain an MPH from the Harvard School of Public Health. While at Harvard, she has led numerous outcomes research teams and developed and published many clinical models and risk prediction indices including a Markov model with professor Milton Weinstein of the Harvard School of Public Health. She is passionate about prevention of cardiovascular disease in South Asians and this social entrepreneurship led her to the Wharton Business School where she obtained an MBA. She is the Founding Chairperson of the South Asian Heart Foundation which conducted the first World Congress on Preventive Healthcare 2015 (Prevention2015.org) in concert with the North American Bengali Conference (NABC2015.org) held at the George R. Brown Convention Center, Houston on July 10-12, 2015, with over 10,000 attendees. By successfully securing a grant from Atherosclerotic, she was able to organize free cardiac screening for the community with free VAP + lipid testing and endothelial function testing. She brought together global leaders with a passion for prevention and launched the first South Asian Cardiovascular Registry to help advance science and unravel the mystery behind the excess cardiac event rates in Indians. The Chief Medical Officer of the American Heart Association, Dr. Sanchez, inaugurated the South Asian Registry at a spectacular event at the Convention Center in Houston. Dr. Chowdhury runs a popular radio talk show for South Asians in the greater Houston area called "Rush Hour Health" in order to increase the awareness of risk factors in our community. She has successfully engaged the Bollywood celebrity and music director, Jatin Pandit, as the Brand Ambassador for prevention of cardiac diseases at the World Congress on Preventive Healthcare 2015. He gave a live performance for all the Cardiovascular Registry participants motivating the community to adopt healthy lifestyles to prevent the epidemic of diabetes and cardiovascular diseases in our community.



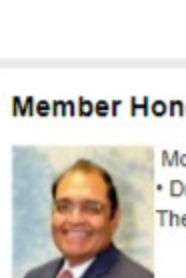
Dr. Santanu Guha was born at Kolkata and did his schooling from Rourkela, Orissa. He completed his MBBS from SCB Medical College, Cuttack, Odisha. In 1978 and received his MD in General Medicine from Odisha in 1983. After Completing his Diploma in Cardiology (1984) and DM(Cardiology) (1988) from University of Calcutta, he joined West Bengal Health Service and served in West Bengal Medical Education Service for the last 23 years in various capacities. For the past 12 years he has been serving as Professor of Cardiology and presently holds the post of Professor and Head, Department of Cardiology, Medical College, Kolkata. He served in different capacities in Cardiological Society of India (CSI) and is currently the President of CSI. He was the Chairman of the Scientific Committee of the 67th Annual Conference of CSI held at Chennai and the Organizing Secretary of the Modern National Interventional Council Meet of CSI-2013, held at Kolkata. He is the Chairman of CSI Guideline Committee and has been the DIT and DNB examiner for the last 10 years and an examiner of PHO (Cardiology) of University of Calcutta. He is a member of Board of Studies of West Bengal University of Health Sciences. He has more than 75 publications to his credit in National and International journals of repute and also contributed chapters to several cardiology text books and monographs. He is on the Editorial Board of several reputed journals and the Editor-in-Chief of Update in Cardiology, 2015 and Hand Book of Cardiac Critical Care. He is a Fellow of Cardiological Society of India, Indian College of Cardiology, European Society of Cardiology, West Bengal Academy of Science & Technology and American College of Cardiology. He has delivered several prestigious orations and an invited faculty in several national and international conferences.



Dr. Shirish (M. S.) Hiremath, is Director of Cardiac Cath Lab at Ruby Hall, Pune, India, Managing Trustee and Director of Aundh Institute of Medical Sciences (AIMS) Pune, India and President Elect, Cardiological Society of India (CSI), India 2015-2016. He has also served as Co-Chairman, National Interventional Council of India, CSI 2004-2006, and is Vice President & Scientific Committee Chairman, Cardiovascular Society of India, 2000 till to date (popularly known as CAD). He is an Invited Faculty at various international interventional including Euro PCR, ESC, TCT and has been on the forefront of intervention in Coronary and Peripheral Angioplasty performing more than 50,000 angioplasties. He has been involved with Live Case Transmission to Singapore Live, Malaysia Live, Indo-European Course on Revascularization (IECR) London, and Paris and C3 Florida as well as many National Intervention meetings like NIC, India Live and CAD. He has served on the editorial board for many intervention journals. He has participated in Global Trials: SPIRIT - V registry, Early ACS, Protect, Champion, SIGNIFY, and DELIVER.



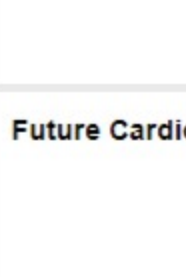
Dr. Ashok Jain did his MD (medicine) from SMS Medical College in 1975 and his DM (cardiology) from KEM Hospital from Mumbai with gold medal from 1980. Dr. Jain is a practicing interventional cardiologist in Jaipur, India. He was the first board certified cardiologist to start the modern cardiology at Jaipur. He was head of cardiology at SDH hospital in Jaipur for 30 years and contributed to starting invasive & non invasive cardiology at Jaipur. At present, he is an HOD cardiology at NH Jaipur which is JCI certified large cardiac hospital. He has been trained abroad in non invasive cardiology and his special interest is coronary intervention.



Dr. Sundeep Mishra, MD, DM, FACC, FSCAI is the Professor of Cardiology at AIIMS, New Delhi, India. He did his DM in Cardiology from AIIMS and his Fellowship in Interventional Cardiology from Washington Hospital Center, USA. He is the Hon. Editor of Indian Heart Journal and in the past has served as Guest Editor of Catheterization and Cardiovascular Interventions Journal. He is a former Chairman of the National Intervention Council of CSI and is a Board of Trustees of SCAI, USA. He is the Course Director for TCT India, EuroCHORUS, and SIM. He is a young selector of MSCAI Nominating Committee. He was awarded the "Young Leader Award" by Cardiovascular Revascularization Therapeutics (CRT), Washington DC, USA and has been awarded the Sujay B Roy "Young Investigator Award" and KL Chopra Award by CSI. He is Winner of the National Cardiology Quiz at the Annual CSI Meeting 2013 at Bangalore. He was the first person to do Virtual Histology, Experimental Angiogenic Gene Therapy in India and he developed the Rat Hind Limb Ischemia Model for the first time in India. He has more than 200 Manuscripts, Abstracts and Book Chapters to his credit and has delivered several orations.



Dr. Samir Shah, MD is a graduate of B.J. Medical College, Ahmedabad. He finished his Cardiology Fellowship from Michael Reese Hospital, Chicago, a University of Chicago affiliated fellowship program, in 1986. He is a practicing Invasive Cardiologist for the last 30 years affiliated with Advocate Christ Hospital in Oaklawn and Little Company of Mary Hospital in Evergreen Park. For the past seven years, Dr. Shah has been very active with Indian American Medical Association of Illinois (IAMA-IL) and became President of IAMA-IL in 2015 and will continue as President in 2016. With deep interest in Art and Music, he has held the Entertainment Chair position for IAMA for two years and successfully completed Co-Chair position for entertainment for the AAPI-Chicago convention in 2013. Dr. Shah has given his volunteer services for many social activities and health fairs at various temples and organizations. During his career as a practicing physician, he has chaired Quality Assurance Committee, CME and Educational Committee and Department of Medicine as Vice Chair at Little Company of Mary Hospital. He is a CHGO native since 1979 and lives in Burr Ridge with his wife Bella (Prerana) and two boys, Pallav and Anshik.



Dr. Padmini Varadarajan MD, FACC is a Professor of Medicine and is currently practicing Cardiology at Loma Linda University Medical Center. She specializes in cardiovascular imaging and has published more than 40 original papers and has presented over 70 abstracts at national meetings. She has also edited 3 books, one of which is the popular Echo Board Review. She is a Diplomate of the American Board of Internal Medicine, Cardiovascular Disease and is also board certified in Echocardiography and cardiac CT angiography. She completed her medical school from Osmania University, Hyderabad, India. She then came to the United States for further training. She completed her Internal Medicine Residency from Henry Ford Hospital, Detroit where she was elected as the best Outgoing resident. She then joined a 3 year Cardiology Fellowship at Loma Linda University Medical Center and went on to complete an extra year of advanced imaging in Echocardiography under the mentorship of Dr. Ramdas G. Pai. She also completed a one year Fellowship in Cardiac MRI at University of Southern California, Los Angeles under the mentorship of Dr. Gerald M. Pohost. She continues to be an active Academic Cardiologist at Loma Linda University Medical Center.

Member Honored



More Honors for Dr. Navin Nanda
• Dr. Nanda was appointed Honorary President of the Emergency Medicine and Paramedical and Echocardiography Training Institute developed by Dr. Harvinder Dod in Jaipur, Rajasthan, India. The Institute has been dedicated to Navin Nanda and he has been memorialized by having his bust placed at its entrance. This is the first institute of its kind in India.



Photograph caption: From left to right with Dr. Nanda is Dr. Raja Babu Panwar, the Vice Chancellor of Rajasthan University of Health Sciences, Dr. Harvinder Dod, Interventional Cardiologist in Arkansas and a former Fellow under Dr. Nanda who built the Institute and Dr. Arun Chougale, the Dean.

Dr. Nanda was recognized as the Father of Modern Echocardiography by the Bulgarian Working Group of Echocardiography in Sofia, Bulgaria. He was also bestowed with a Life Time Achievement Award for pioneering and outstanding contributions in the field of echocardiography.

• Dr. Nanda served as the International President of the XXI World Congress of Echocardiography and Cardiology held in Istanbul, Turkey, November 20-22, 2015.

• Dr. Nanda published a new book entitled "Manual of Echocardiography" which has just been released. The co-editors are Drs. Gultekin Karakus and Alex Demergimoglu. The book will supplement the popular "Comprehensive Textbook of Echocardiography" the largest book on echocardiography to-date. The publisher is Jaypee Brothers. Another book by Dr. Nanda titled "Heart Disease in Women" has also received favorable reviews including in the journal Circulation (published on the American Heart Association).

Future Cardiology/Echocardiography Conferences

32nd Annual International Conference on Recent Advances in Echocardiography and Allied Techniques

April 1, 2016, 8:00 a.m. – 5:00 p.m.
Hilton Chicago
720 S. Michigan Avenue, Chicago, Illinois
Phone: 312-922-4400
Room: Salon A-S, LL

Free registration
Over 75 interesting echo cases from different countries

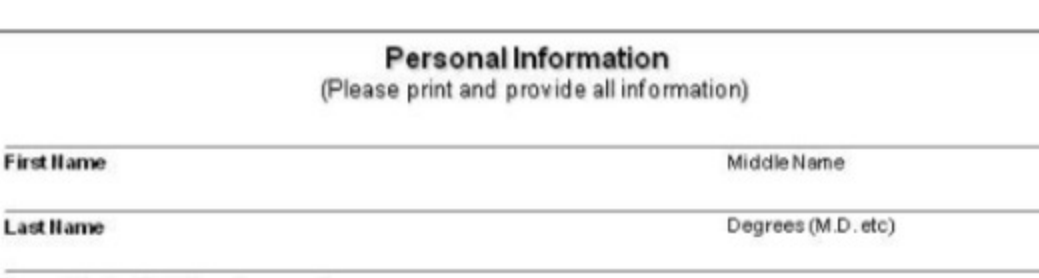
Sponsored by the International Society of Cardiovascular Ultrasound (ISCU) and the American Association of Cardiologists of Indian Origin

Conference Director: Dr. Navin C. Nanda

For further information contact Monika Kapoor (iscuorg@yahoo.org) or Navin C. Nanda, M.D., e-mail: nanda@uab.edu

HOLD THE DATE

November AACIO Meeting
November 13, 2016
New Orleans, Louisiana



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www.aacio.org

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 New Application
 Renewal

Please ignore if you are a Life Member or have already paid your dues for 2016

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State	Country
Office Telephone	(Staple Business Card Here)
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Alternate Email Address (permanent, e.g. Yahoo, Hotmail)	



Biotechnology vs Cardiovascular Disease, The fight is on.
For the scientists at Amgen, that fight is personal. With millions suffering a cardiac event each year, we are never far from being touched by cardiovascular disease ourselves—be it a family member's health issue, a friend's, or our own. As we use the power of biotechnology to pioneer new therapeutics, we are determined to alter the course of this global epidemic. Because behind the statistics is one vital thing: the lives of people we know.

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AACIO Newsletter 10/2015